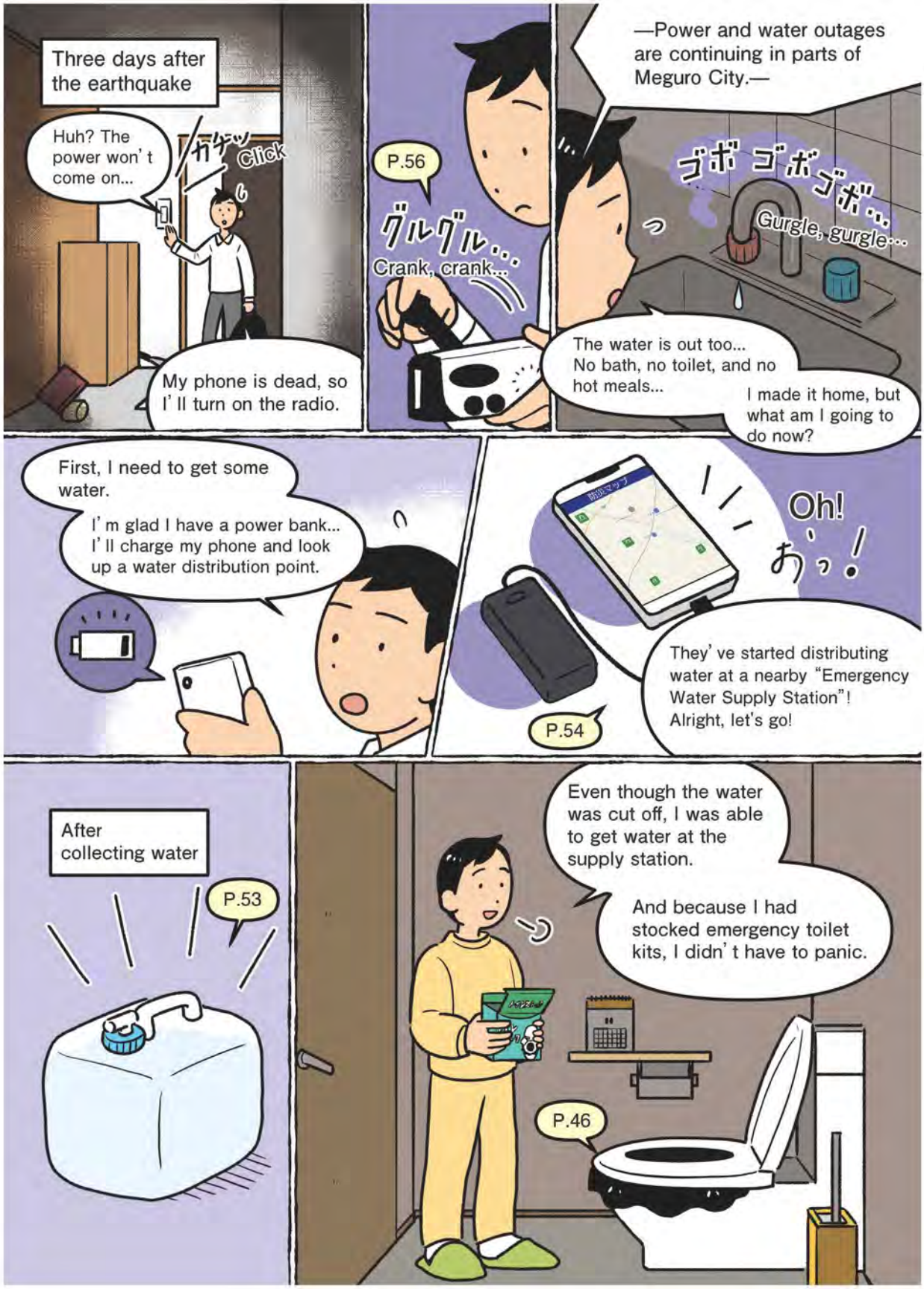
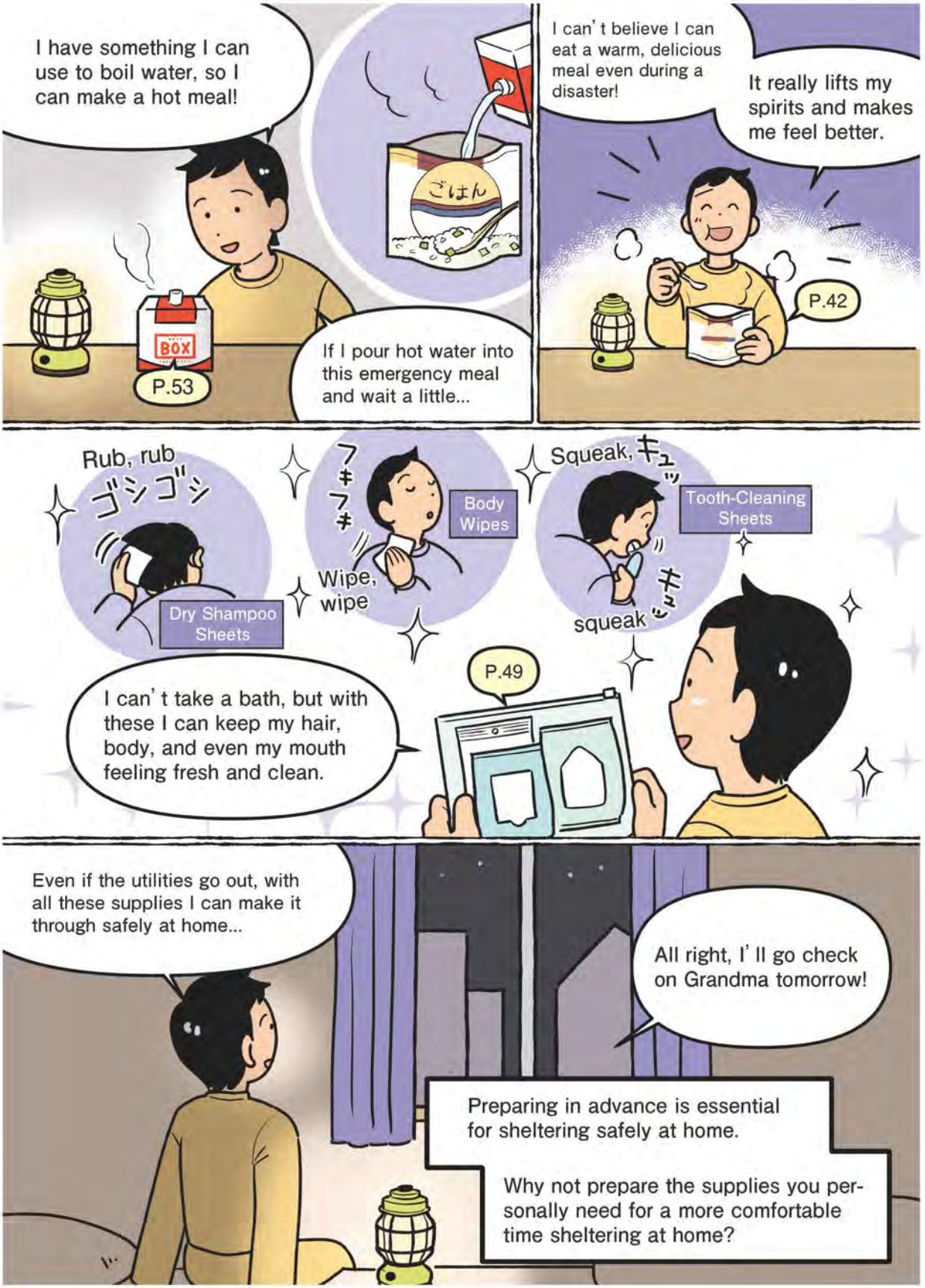

Three days after the earthquake
Huh? The power won't come on...
カチッ Click
My phone is dead, so I'll turn on the radio.
P.56
グルグル… Crank, crank...
—Power and water outages are continuing in parts of Meguro City.—
ゴボゴボゴボ… Gurgle, gurgle...
The water is out too... No bath, no toilet, and no hot meals...
I made it home, but what am I going to do now?
First, I need to get some water.
I'm glad I have a power bank... I'll charge my phone and look up a water distribution point.
Oh! おっ!
They've started distributing water at a nearby "Emergency Water Supply Station"! Alright, let's go!
P.54
After collecting water
P.53
Even though the water was cut off, I was able to get water at the supply station.
And because I had stocked emergency toilet kits, I didn't have to panic.
P.46


I have something I can use to boil water, so I can make a hot meal!
ごはん
BOX
P.53
If I pour hot water into this emergency meal and wait a little...
I can't believe I can eat a warm, delicious meal even during a disaster!
It really lifts my spirits and makes me feel better.
P.42
Rub, rub
ゴシゴシ
Dry Shampoo Sheets
フキフキ
Wipe, wipe
Body Wipes
Squeak, キュッ
キュッ
squeak
Tooth-Cleaning Sheets
I can't take a bath, but with these I can keep my hair, body, and even my mouth feeling fresh and clean.
P.49
Even if the utilities go out, with all these supplies I can make it through safely at home...
All right, I'll go check on Grandma tomorrow!
Preparing in advance is essential for sheltering safely at home.
Why not prepare the supplies you personally need for a more comfortable time sheltering at home?